



## Migration Health Assessments for United Kingdom bound Migrants

All applicants who are planning to stay in the United Kingdom for 6 months or longer, and who are living in or have travelled to a country with high TB burden within the last six months, are required to undergo a migration health assessment (HA) to screen for Tuberculosis (TB) as part of their visa application process for the United Kingdom. In this document, you will find important information related to your upcoming HA at IOM's Migration Health Assessment Centre, NIGERIA.

### IOM ABUJA MHAC Contact Information

**Address:** 55 HASSAN MUSA KATSINA ROAD (at the junction of Hassan Musa Katsina road and J-K Gadzama Street), ASOKORO.

**Call Centre Number:** +234 09 460 58400

**Phone Numbers:** +234(0)809 563 7898/0808 522 1427/0703 289 8491

**Opening Hours:** Mondays -Thursdays: 08:00am – 5:30pm, Fridays: 08:00am -12:00pm.

**Email address:** iomabujamedicalbooking@iom.int

**Appointment booking link:** mymedical.iom.int

### IOM LAGOS MHAC Contact Information

**Address:** 1, ISAAC JOHN STREET (at the junction of Isaac John and Oduduwa way) GRA IKEJA.

**Call Centre Number:** +234 01 465 6600

**Phone Numbers:** +234(0) 8022264059/09092156079/ 09099991256,

**Opening Hours:** Mondays -Thursdays: 07:00am – 4:30pm, Fridays: 07:00am -11:00am

**Email address:** iomlagosmedicalbooking@iom.int

**Appointment booking link:** mymedical.iom.int

## What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such as your visa category, age, gender and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to the United Kingdom) might receive:

- **Registration:** Data collection using appropriate applications & devices, and signing of consent forms.
- **Counselling:** To explain the health assessment process and clarify expectations, including counselling for pregnancy and health related issues.
- **Medical examination:** This includes
  - A review of your medical history and current symptoms.
  - A physical examination, where clinically indicated.
  - A chest X-ray (11 years and above)
- **Clearance certificate:** if all tests are normal, the Certificate will be issued the same day.

## Breakdown of Migration Health Assessment Procedures, by Age of Applicant:

Below the Age of 11 Years	11 Years and Above
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<ul style="list-style-type: none"> <li>- Medical history and current symptoms</li> <li>- Physical examination, if clinically indicated</li> </ul>	<ul style="list-style-type: none"> <li>- Medical history and current symptoms</li> <li>- Physical examination, if clinically indicated</li> <li>- Chest X-ray</li> </ul>
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*\*Children under the age of 11 years may be requested to undergo chest X-ray, if clinically indicated*

## Important Notes

### Minors:

Applicants under the age of 18 must be accompanied by a **parent or guardian** who can provide consent and make decisions on their behalf.

### Pregnancy:

If you are pregnant and undergoing a migration health assessment, you may choose to **either** proceed with the chest X-ray with a double lead shielding to protect you and your unborn baby; **or** Opt for sputum testing, where you will be requested to provide a sputum sample on 3 consecutive days; **or** wait to proceed with the migration health assessment until after giving birth. If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

### Tuberculosis (TB):

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. In order to diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

**You might be asked to undergo further testing if the doctor suspects you have TB.** In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 8-10 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured with a few months of oral antibiotics.

## What Do I Need to Bring to My Appointment?

### Identification:

- International Passport (Original).
- Proof of Payment (printed copy)

### Medical Records:

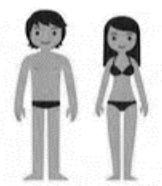
- Any medical reports with previous chest X-rays, if available. This is especially important if you were diagnosed with and treated for tuberculosis at any point in life.

### Other:

- Residential address in Nigeria
- Destination address, post code and phone number in the United Kingdom (School or residential).

### Advice for the Migration Health Assessment

- or your physical examination, you will be asked to remove your clothes and wear a medical gown, but **please keep your underwear on (see image at right)**.
- You **may request a chaperone** to be present at your physical examination.
- **Do not conceal any medical conditions**; deliberate attempts to hide them will be reported to the US immigration authorities.
- **Do not conceal your pregnancy**; being pregnant will have NO impact on your immigration prospects.
- **Reschedule your appointment if you or your child are ill** with a fever or have a rash.
- There is **no need to fast** prior to your appointment. Eat some food.



### Fees and Payment Information

STUDENT, WORK, DEPENDANTS, OTHERS	COST
Less than 11 Years	₦38,700
11 Years and Above	₦79,800
Certificate reissue	₦13,600

*(This should only be paid if required for a reissue of new certificate in event of loss/damage or correction).*

### How to Pay for the Migration Health Assessment:

- Payments should be made in Naira.
- Payments should be made at least **two days** before your appointment.