

	Description	Unit of Measure
1	Milk (Liquid, 160ml), Peak or equivalent	Carton of 24 tins
2	Ketchup (1.25liters) - Heinz or equivalent	Carton of 12 bottles
3	Juice- Chivita, 5Alive, Pure heaven, Serage, Eiq, Eva, Fute or equivalent (1liter)	Carton of 12 packs
4	Yoghurt- Country, Farm Fresh, L&Z, Jaiz, 50cl	Pack of 20 pieces
5	Sachet milk powder- 16g	Carton of 150 sachet
6	Milk (liquid low fat)-Olden burger,Dano, Peak or other equivalent (1liter)	Carton of 12 packs
7	Powder milk- Peak, Freisland, or other equivalent (400g)	Carton of 12 Tins
8	Peanut butter-100g	Carton of 12 Tins
9	Sliced bread- Umar, Jamil brand, todays super store or other close equivalent	Loaf (big)
10	Corn flakes (fruits & fiber)-360g	Carton of 12
11	Corn flakes (coco pops)-360g	Carton of 12
12	Cornflakes- Rice crispy-360g	Carton of 12
13	Cornflakes- Original-360g	Carton of 12
14	Granulated sugar-50kg	Bag
15	Mayonnaise- 946g	Carton of 12 bottles
16	White cube sugar-500g	Carton of 24 packs
17	Brown Sugar powder (500g) - Blessed Child Food brand or equivalent	Carton of 10 tins
18	Brown Sugar- cube	Carton of 20 packs
19	Jam - Streamline brand or equivalent	Carton of 12 bottles
20	Coffee (200g of 120 sticks) - Nescafe brand or equivalent	Carton of 24 packs
21	Lipton Tea- Unilever brand or equivalent (100g)	Carton of 20 packs
22	Ginger Tea (Sachet of 20pieces)-12.6oz	Carton of 40 packs
23	Lemon Tea (Sachet of 20 pieces)	Carton of 40 packs
24	Honey - Rowsa brand or equivalent(340g)	Carton of 24 pieces
25	Blue Band- Unilever brand or equivalent (450g)	Carton of 24 pieces
26	White Oats- Quaker brand or equivalent (500g)	Carton of 12 tins
27	Cheese - Cheddar brand or equivalent 200g	Carton of 24 sachet
28	Cheese- Mozarella brand or equivalent (2.5kg)	Loaf (big)
29	Cheese - President brand or equivalent 200g	Carton of 24 sachet
30	Gouda Cheese- Olden burger brand or equivalent 200g	Carton of 24 sachet
31	Rice (Basmati)	Carton of 4 sachet of 5 kg
32	Local Rice	Bag of 50kg
33	Semovita	Bag of 10 sachet of 1kg
34	Semolina	Bag of 10kg
35	Yam flour	Bag of 6kg
36	Maize grain meal	Pack of 2kg
37	Cous-Cous	Carton of 10 of 1kg pack
38	Spaghetti (Pack)	Carton of 20 packs of 500g
39	Macaroni (Pack)	Carton of 24 packs of 500g

40	Tomato Paste- 2200g	Carton of 12pcs
41	Tomato Paste- 400g	Carton of 24pcs
42	Baked Beans-415g	Carton of 12pcs
43	Baked Beans-150g	Carton of 12pcs
44	Sweet Corn	Carton of 12pcs
45	Sweet Corn	Carton of 12pcs
46	Sausage-Nepa 350g	Carton of 24
47	Sausage- Zwan 200g	Carton 24pcs
48	Mushroom- (400g)	Carton of 24pcs
49	Red Kidney Beans- (400g)	Carton of 12 tins
50	Farrow Peas-538g	Carton of 12 tins
51	Olives (Black and Green)- (356g)	Carton of 12 bottles
52	Groundnut paste	Bucket of 10kg
53	Tuna fish	Carton of 24 tins
54	Sardine	Carton of 50pcs of 125g
55	Corned beef- 340g	Carton of 24pcs
56	Chicken Peas-400g	Carton of 12pcs
57	Luncheon-Zwan (340g)	Carton of 24pcs
58	Eggs	Crates
59	Flavour	Carton of 12 packs, pack of 12pcs
60	Margarine	Carton of 40 sachets
61	Coconut flakes- 500g	Carton of 12 packs
62	Onga cooking powder or equivalent (60g)	Carton of 50 packs of 60g
63	Salt	Bag of 80packs of 250g
64	Soy Sauce-150ml	Carton of 12 bottles
66	Chilli Sauce- Ammoy brand or equivalent 150ml	Carton of 12 bottles
67	Seisemi Seeds	Bag of 10kg
68	Chilli powder	Carton of 12 packs
69	Thyme (194g) - Gel brand or equivalent	Carton of 12 tins/packs
70	Curry Powder	Carton of 10 tins/packs
71	Tumeric Powder (100g)-TRS brand or equivalent	Carton of 12 packs
72	Almond flour- 3kg	Pack of 3kg
73	Sesami Powder	Carton of 12 packs
74	Cumin Powder-100g	Carton of 12 packs
75	Coricinder Powder	Carton of 12 packs
	Coricinder Seeds	Carton of 12 parks
76	Cinnamon Powder-100g	Carton of 12 packs
77	Cinnamon Sticks-100g	Carton of 12 packs
78	Cumin Seeds-100g	Carton of 12 packs
79	Garlic powder-100g	Carton of 12 packs
80	Green Cardamon-50g	Carton of 12 sachets
81	Tandoori	Carton of 12 packs
82	Paprica	Carton of 12 packs
83	White Pepper-100g	Carton of 12 tins
84	Black Pepper (100g) - DRS brand or equivalent	Carton of 12pcs

85	Gramassala-100g	Carton of 12pcs
86	Bay Leaf	Carton of 12 packs
87	Whole Origano-32g	Carton of 12 packs
88	Fennel seed-100g	Carton of 12 packs
89	Dried Basil	Carton of 12 packs
90	Cayenne Pepper	Carton of 12 packs
91	Mustard seed-100g	Carton of 12 pack
92	Feenugrel Seeds-100ml	Carton of 12 packs
93	Tahini	Carton of 12 packs
94	Lentile beans	Carton of 12 pack
95	Broken Rice-25kg	Bag of 25kg
96	Cloves	Bag of 5kg
97	Vegetable Oil	Carton of 4pcsof 5ltr
98	Olive Oil	Carton of 12 bottles
99	Palm Oil-(3 liters)	Carton of 4 bottles of 3ltr
100	Sesame Oil- 600ml	Carton of 6 bottles
101	Sun flour Oil	Carton of 12 bottles
102	Cling Film (Foil)- (45cm wide)	Carton of 12 roll
103	Heavy duty aluminum foil Paper- (45cm wide)	Carton of 12
104	Baking Powder-(454g)	Carton of 12 tins
105	Yeast-(500g)	Carton of 12 tins
106	Corn Flour- (400g)	Carton of 12 tins
107	Flour	Bag of 10kg
108	Bi-Carbonate of Soda- 200g	Carton of 12 bottles
109	Desiccated Coconut (Pack)	Carton of 12 packs
110	Coconut Powder	Carton of 12 packs
111	Wheat Flour	Bag of 5kg
112	Raisins- (500g)	Carton of 12 packs
113	Food colour	Carton of 12 packs of 12pcs
114	Cocoa Powder - 250g	Carton of 12 tins
115	Icing Sugar- 500g	Carton of 12 packs
116	Milk Flavor	Carton of 12 packs
117	Chocolate Milk	Carton of 12 cans
118	Condensed Milk - Top Show brand or equivalent	Carton of 12 tins
119	Coconut milk-400ml	Carton of 12 tins
120	Cashew Nut	Carton of 12 bottles
121	Almond Nut- 750g	Carton of 12 packs
122	Shallots	Bunch of 50
123	Mango	Bag of 40kg on season only
124	Banana	Bunch of 20pcs
125	Pawpaw	Bag of 30pcs in season and 20pcs off season
126	Water Mellon	Bag of 30pcs
127	Apples	Carton of 23kg, 130-150pcs
128	Pineapple	Bag of 30pcs

129	Avocado Pear	Bag of 80 pcs
130	Lamb- (whole male lamb)	18Kg
131	Goat- (whole male goat)	18Kg
132	Cow ribs	1Kg
133	Chicken	2kg
134	Beef	1Kg
135	Fresh catfish (1kg)	1Kg
136	Cow Skin (Pomo)	Kg
137	Stock Fish	Bag of 10pcs
138	Shaki (Intestine)	1Kg
139	Cray Fish	Bag
140	Dry fish	Carton of 30kg
141	Ugbono	Bag of 25kg
142	Egusi	Bag of 25kg
143	Ugu Leaves	Bunch of 5
144	Yam	Tubers of 10
145	Sweet Potatoes	Bag of 30kg
146	Plantain	Bunch of
147	Lettuce	Bunch of 50
148	Irish Potatoes	Bag of 50kg
149	Corriander	Bunch of 5
150	Egg Plant	Bag of 15kg
151	Maro	Bag of 15kg
152	Red Pepper sweet	Bag of 10kg
153	Cucumber	Bag of 7kg
154	Carrot	Bag of 7kg
155	Leaks	Bunch of 20
156	Spinach	Bunch of 20
157	Hot Pepper	Bag of 25kg
158	Brocoli	Bag of 20pieces
159	Mint Leaves	Bag of 10 bunch
160	Springs Onions	Bunch of 50
161	Onions	Bag of 50kg
162	Red Cabbage	Bag of 30pcs
163	White Cabbage	Bag of 25pcs
164	Green Beans	Bag of 5kg
165	Chinis Cabbage	Bag of 40pcs
166	Okra	Bag of 5kg
167	Colli Flower	Bag of 25pcs
168	Beetroots	Bag of 30pcs
169	Khal Leaves	40 bunch
170	Fresh Lemon	Bag of 5kg
171	Green pepper	Bag of 7kg
172	Green chilli	Bag of 5kg
173	Red chilli	Bag of 10kg

174	Celery	Bunch of 5
175	Garlic fresh	Bag of 5kg
176	Fresh tomatoes	Basket of 50kg
177	Yakuwa	Bunch of 20
178	Yellow pepper	Bag of 15kg
179	Ginger	Bag of 5kg
180	Fresh Peas	Bag of 5kg
181	Fresh Coconut	Bag of 12pcs
182	Vinegar	Bottle of 3.78 Liters
183	Vinegar- 568ml	Carton of 12 tins
184	Red Wine Vinegar (Bottle)	Bottle of 946ml
185	Apple Cyder (Bottle)	Bottle of 946ml
186	Oyster Sauce 150ml	Carton of 12 bottles
187	Toothpick	Pack of 12
188	Local Beans	Bag of 25kg
189	Rose mary	Carton of 12 pack
190	Shrimps (Larger shrimp, often labeled jumbo, extra jumbo or extra-large)	13 to 30 per pound
191	Croker fish	2kg per fish
192	Tilapia fish	2.5kg
193	Prawns (Larger prawns, often labeled jumbo, extra jumbo or extra-large)	13 to 30 per pound